T1. Food frequency with focus on vitamin A and fat sources

HHID |___|___|___|___|___|___|___|___|___|___|___|

Name of reference child 5-7 yrs: _____ ID IND |____|____|____|

Name of respondent: _____ ID IND |____|____|____|

For each food listed below, ask the respondent:

During the past 7 days, how many days did *(name of reference child)* eat *(food from list)*

Meaning, how many days, starting with the *(name the day)* a week before yesterday, did the child eat *(food)*?

Explain to the mother that you want the number of DAYS, not the number of times. For example, if she gave the child maize and porridge twice on Wednesday it only counts as 1 day. Number of days can range from 0 to 7. If mother cannot remember/cannot respond enter "9".

	Name of the food	*Number of **days** child ate food in the last 7 days*			*Name of the food*	*Number of **days** child ate food in the last 7 days*	
		T01				**T01**	
1	Cassava - fresh or flour (any form)		*Enter a number*	21	Pumpkin leaves		*Enter a number*
2	Jackfruit		*from 0 to 7*	22	Liver - from any animal		*from 0 to 7*
3	Fresh/dried dark green leaves (of all kinds)		*in each box.*	23	Yams leaves		*in each box.*
4	Fresh/sour cows milk/goats milk		*Don't know = 9*	24	Passion Fruit		*Don't know = 9*
5	Carrots			25	Meat from cow/sheep/goat/rabbit/pig		
6	Ripe mango			26	Ghee and other animal fats		
7	Pumpkin			27	Beans (all kinds)		
8	Cow pea leaves			28	Bread/biscuits/cookies		
9	Ripe papaya			29	Bean leaves		
10	Porridge of sorghum/millet/maize/rice			30	Meals cooked/fried in oil/veg. fat or with oil/veg. fat		
11	Rice			31	Spiderplant leaves		
12	Amaranth leaves			32	Margarine spread (for example Blue Band)		
13	White flesh sweet potato - fresh or dried			33	Yellow-flesh sweet potato - fresh or dried		
14	Eggs with yolk			34	Nakati (leaves)		
15	Small fish fresh/dried (with intact liver)			35	Sesame (simsim)		
16	Groundnuts or grounduts paste						
17	Avocado						
18	Snacks fried in oil (Chapatis/Mandazis/Donuts/Pancakes etc.)						
19	Orange-flesh sweet potato (OFSP) - fresh or dried						
20	Chicken						

T2. Food frequency with focus on vitamin A and fat sources

HHID |___|___|___|___|___|___|___|___|___|___|___|

Name of reference child 6-35 mo: _____ ID IND |____|____|____|

Name of respondent: _____ ID IND |____|____|____|

For each food listed below, ask the respondent:

During the past 7 days, how many days did *(name of reference child*) eat *(food from list*)

Meaning, how many days, starting with the *(name the day)* a week before yesterday, did the child eat *(food)* ?

Explain to the mother that you want the number of DAYS, not the number of times. For example, if she gave the child maize and porridge twice on Wednesday it only counts as 1 day. *Number of days can range from 0 to 7. If mother cannot remember/cannot respond enter "9".*

	Name of the food	*Number of* ***days*** *child ate food in the last 7 days*			*Name of the food*	*Number of* ***days*** *child ate food in the last 7 days*	
		T01				**T01**	
1	Cassava - fresh or flour (any form)		*Enter a number*	21	Pumpkin leaves		*Enter a number*
2	Jackfruit		*from 0 to 7*	22	Liver - from any animal		*from 0 to 7*
3	Fresh/dried dark green leaves (of all kinds)		*in each box.*	23	Yams leaves		*in each box.*
4	Fresh/sour cows milk/goats milk		*Don't know = 9*	24	Passion Fruit		*Don't know = 9*
5	Carrots			25	Meat from cow/sheep/goat/rabbit/pig		
6	Ripe mango			26	Ghee and other animal fats		
7	Pumpkin			27	Beans (all kinds)		
8	Cow pea leaves			28	Bread/biscuits/cookies		
9	Ripe papaya			29	Bean leaves		
10	Porridge of sorghum/millet/maize/rice			30	Meals cooked/fried in oil/veg. fat or with oil/veg. fat		
11	Rice			31	Spiderplant leaves		
12	Amaranth leaves			32	Margarine spread (for example Blue Band)		
13	White flesh sweet potato - fresh or dried			33	Yellow-flesh sweet potato - fresh or dried		
14	Eggs with yolk			34	Nakati (leaves)		
15	Small fish fresh/dried (with intact liver)			35	Sesame (simsim)		
16	Groundnuts or grounduts paste						
17	Avocado						
18	Snacks fried in oil (Chapatis/Mandazis/Donuts/Pancakes etc.)						
19	Orange-flesh sweet potato (OFSP) - fresh or dried						
20	Chicken						