

U. 24 HR. RECALL FOR REFERENCE CHILDREN AND MOTHER

Name of household head: _____ ID IND | | | | | Date of interview: | | | | | / | | | | | / | | | | |

Name of responding mother/principal caregiver: _____ ID IND | | | | |

Name of other respondent who gave food to the child/children yesterday: _____ ID IND | | | | | First recall: Repeat recall:

Name of other respondent who gave food to the child/children yesterday: _____ ID IND | | | | |

Name of reference child 5-7 years: _____ ID IND | | | | | Name of enumerator: _____ | | | | |

Name of reference child 6-35 months: _____ ID IND | | | | | Day of the week food was eaten (=observation day) (e.g. Monday, Tuesday etc.): _____

Begin by telling the respondent that you would like to discuss what (reference child/children) and (mother/primary female caregiver of children) ate and drank yesterday, from the time they woke up until the time they went to sleep. We want to know about small snacks as well as about main meals.

Explain that first you will ask about everything the child/children ate and drank, and then you will ask about everything the mother ate and drank.

The person who cooked yesterday should be the one interviewed. If more than one person cooked, try to speak to the person who cooked each recipe or meal, and have them describe the recipe for the dish that they cooked.

Also, if more than one person fed the child/children, try to speak to each person who fed the child to determine the amount the child ate or drank each time, including meals and also small snacks.

However, first ask the MOTHER about the child's/children's appetite yesterday

For reference child 5-7 years old:

UC101. I would like to ask you about NAME's appetite yesterday. Was NAME's appetite: 1= Less than usual for NAME *If less ask question UC102*
2= Appetite was usual for NAME *If normal or more, skip to UC201 OR start recall*
3= More than usual for NAME *for child 5-7 years old*

UC102. Did NAME eat much less than usual, or just a little less than usual? 1= Much less than usual
2 = A little less than usual
9 = Don't know

For reference child 6-35 months old:

UC201. I would like to ask you about NAME's appetite yesterday. Was NAME's appetite: 1= Less than usual for my child *If less ask question UC202*
2= Appetite was usual for my child *If normal or more, skip to UC203*
3= More than usual for my child

UC202. Did NAME eat much less than usual, or just a little less than usual? 1= Much less than usual
2 = A little less than usual
9 = Don't know

UC203. Was this child breastfed yesterday? 0= No
1= Yes

INTRODUCTION RECALL**1st recall - child 5-7 years old**

*Ask the next questions for the 24-hour recall for the **first reference child (5-7 yrs)**,
and record the information on the following pages.*

After going through the whole day for this child, get details on foods/recipes (2nd pass) and portion sizes (3rd pass).

FIRST PASS:

After _____ woke up, what was the first thing he/she had to eat or drink?

Did they have any other food or drink at that same time?

Continue asking until no more things are mentioned for that feeding episode

What did he/she eat or drink next?

Was this still in the morning?

Continue to ask to get all food and drinks listed during morning, mid-day, afternoon and evening

Before finishing the list of foods and drinks, ask again if this child had anything else at all before sleeping.

INTRODUCTION RECALL**2nd recall - child 6-35 months old**

Ask the next questions for the 24-hour recall for the **second reference child (6-35 months)**, and record the information on the following pages.

After going through the whole day for this child, get details on foods/recipes (2nd pass) and portion sizes (3rd pass).

FIRST PASS:

After _____ woke up, what was the first thing he/she had to eat or drink?

Did they have any other food or drink at that same time?

Continue asking until no more things are mentioned for that feeding episode

What did he/she eat or drink next?

Was this still in the morning?

Continue to ask to get all food and drinks listed during morning, mid-day, afternoon and evening

Before finishing the list of foods and drinks, ask again if this child had anything else at all before sleeping.

INTRODUCTION RECALL**3rd recall - mother/primary caretaker**

Ask the next questions for the 24-hour recall for the **mother/primary caretaker**,
and record the information on the following pages.

After going through the whole day for her, get details on foods/recipes (2nd pass) and portion sizes (3rd pass).

FIRST PASS:

After you woke up, what was the first thing you had to eat or drink?

Did you have any other food or drink at that same time?

Continue asking until no more things are mentioned for that feeding episode

What did you eat or drink next?

Was this still in the morning?

Continue to ask to get all food and drinks listed during morning, mid-day, afternoon and evening

Before finishing the list of foods and drinks, ask again if she had anything else at all before sleeping.